

NUGITS SENIOR LAPAROSCOPIC FELLOW WITH A BARIATRIC INTEREST
BASED IN NORTHUMBRIA HEALTHCARE NHS FOUNDATION TRUST
AT NORTH TYNESIDE, WANSBECK HEXHAM AND BERWICK GENERAL
HOSPITALS

12 MONTH WHOLE TIME

THE POST

This appointment as a senior laparoscopic fellow with a bariatric interest within NUGITS (Northumbrian Upper GI Team of Surgeons) will form part of the Surgical Upper Gastrointestinal Unit at Northumbria Healthcare. This Unit is comprised of 7 laparoscopic upper GI surgeons (3 dedicated bariatric), 3 SpRS, F2s and F1 doctors with 5 Specialist nurses.

The post is to commence in October 2014 for 12 months and is RCS (England) accredited.

The successful applicant will work in a strong UGI Team across the Trust with access to state of the art equipment and be involved in teaching and research. You will be part of an active Bariatric and Upper GI Cancer MDT.

We are looking for a person who is highly motivated and capable of expanding the role of laparoscopic surgery within the Trust as part of an efficient and friendly team. The main exposure will be to the bariatric service however if you wish to develop a particular expertise in certain procedures, or wish to acquire further skills, then this will be actively encouraged. We regularly perform laparoscopic gastric bypasses, gastric banding, sleeve gastrectomies, redo bariatric operations and gastric balloon insertion.

Any applicant, who is unable for personal reasons to work full-time, will be eligible to be considered for the post. If such a person is appointed, modification of the job content will be discussed on a personal basis in consultation with Consultant colleagues.

The post is suitable for a senior surgical trainee post CCT or consultant surgeon within the first couple of years of appointment. Basic experience in laparoscopic surgery is required. Basic upper GI endoscopic experience is required. The candidate will be offered a 12 month contract to work as a senior laparoscopic fellow with NUGITS in the Emergency and Elective Care Business Unit at Northumbria Healthcare NHS Foundation Trust. The post will be advertised and interviews conducted under the auspices of NUGITS and Northumbria Healthcare NHS Foundation Trust who will hold the contract.

This post is supported by an unconditional grant from Ethicon Endo-Surgery and Ethicon Products. It is expected that the successful candidate if not already a UK consultant will be pursuing a permanent consultant position within the UK.

The post itself will be essentially super numery and there will be no on-call involved. The senior laparoscopic fellow will work at all three main sites including North Tyneside, Wansbeck and Hexham Hospitals. The Senior Laparoscopic

Fellow will be a regular member of the Faculty on the NUGITS courses, progressing from an assistant tutor initially to full trainer by the end of the term of employment.

The senior laparoscopic fellow has 7 clinical sessions and 3 teaching and research sessions per week. The senior laparoscopic fellow is expected to write at least one significant paper during his 12 month post. The fellow is expected to help at the laparoscopic surgical skills course, the Basic surgical skills course and the higher surgical skills course. The fellow is expected to attend relevant meetings including BOMSS, ALSGBI and the ASGBI. The fellow is provided with a library pass and internet access as per Department of Surgery guidelines at Northumbria Healthcare.

The senior laparoscopic fellow will have an identified mentor and appraiser (Mr Woodcock). The fellow has a target number of operations and range of operations in which to achieve competence during the post. The fellow is involved in teaching junior surgeons in theatre and on the ward. The fellow has access to the general surgery emergency lists. It is expected that once fully inducted the fellow will perform surgery in parallel theatres under close supervision. The fellow will replace consultant surgeons on their lists if they are on call or on holidays with supervision. Similarly the fellow may run some parallel clinics if the consultant is unavailable. It is expected that the fellow is competent in upper GI endoscopy with a view to learning advanced therapeutic endoscopic techniques during their period with us.

NORTHUMBRIA HEALTHCARE NHS FOUNDATION TRUST

Northumbria Healthcare NHS Trust was formed on the 1st April, 1998 as a result of merging North Tyneside Healthcare NHS Trust, Cheviot and Wansbeck NHS Trust, Northumberland Community Health NHS Trust and Hexham General Hospital. This is one of the largest Trusts in the UK. The Northumbria Healthcare NHS Foundation Trust provides health care facilities in the county of Northumberland and North Tyneside for a dependency which totals at present 500,000. The area covered stretches from the Scottish Border in the North to the River Tyne in the South (excluding Newcastle), West to Hexham and East to the Northumberland Coast. Wansbeck General Hospital covers mid and North Northumberland with a population of 240,000 while North Tyneside General Hospital covers the South East section of North Tyneside and a population of 200,000. Hexham covers the west of Newcastle with a population of 60,000. The Trust takes the view that clinical services should be regarded as an integrated function across its geographical area and that they should be provided as close to patients as is clinically appropriate. The Trust became a Foundation Trust in 2006. The trust is currently in the acquisition process of North Cumbria University NHS trust and building a state of the art emergency care centre in Cramlington to open in 2015.

THE HOSPITALS

Wansbeck General Hospital opened in May 1993 and comprises eleven acute wards providing 305 beds to a mixed urban & rural population of 240,000. It provides General Surgery, Orthopaedics, General Medicine, ICCU, Obstetrics, Gynaecology Elderly care and rehabilitation beds are in the associated cottage hospitals.

North Tyneside General Hospital is a large (500+ beds) District General Hospital serving a predominantly urban population. It provides General Surgery,

Orthopaedics, General Medicine, Elderly Medicine, ICCU, Obstetrics, Gynaecology and Paediatrics to a 200,000 population. In addition the Hospital has a dedicated 20 bedded Day Case Surgery Unit.

NORTH TYNESIDE DISTRICT

The North Tyneside Health District has the same boundaries as North Tyneside Metropolitan Council covering approximately 33 square miles which houses a population of approximately 200,000. Main centres of population are Whitley Bay and Tynemouth, seaside resorts and dormitory towns for Newcastle. North Shields, an ancient fishing port industrialised in the nineteenth century, and Wallsend at the eastern end of Hadrian's wall, a centre for traditional heavy industries (principally shipbuilding) most of which are now in decline. Consequently the social spectrum ranges from affluent suburbia in the north and west to depressed areas of decaying Victorian redbrick along the Tyne bank, with typical "inner city" problems and disease patterns.

Communications are good. A dual carriageway from North Shields to Newcastle cuts travel time to fifteen minutes. The urban Metro rail link takes about twenty minutes with a 5 minute service. A four-lane spine road gives rapid access to the rest of South East Northumberland, and the A1(M) is readily reached through the Tyne Tunnel. London is about three hours away by Inter-City, less by air from Woolsington, Newcastle's international airport.

The area is a good place to live with a wide choice of schools in both private and state sectors and pleasant residential accommodation still available at lower prices than in many other areas. Shopping is excellent: Eldon Square in Newcastle and Gateshead's Metro Centre are among Europe's largest and most modern indoor developments. There is ready access to miles of beautiful coastline and country, the Border Forest hills and fells with Kielder Water (larger than most Lakeland lakes), Hadrian's Wall and other historic monuments too numerous to mention. Facilities for sport and most outdoor activities are excellent.

TRUST WIDE DIRECTORATE OF SURGERY

The Directorate of Surgery is the largest of the seven clinical directorates with a workforce of over 400 people. It is part of the Emergency and Elective Care Business unit under the management team of Eliot Sykes and Ann Wright. The directorate is Trust wide and led by Mr Mike Bradburn. Marion Dickson is the General Manager for Surgery. Pre-assessment clinics have been developed in all specialties, with out-reach clinics for Orthopaedics, General Surgery and ENT. The A & E Department is supported by the Trauma Team and the Trust runs the Hospital at Night scheme. It was also a pilot site for the Foundations Doctors programme which was implemented in August 2004. The directorate has an on line database for all activity taking place in the department.

THE DEPARTMENT OF GENERAL SURGERY at NORTH TYNESIDE

In Patient Beds:

- Two general surgical wards comprising 59 in patient beds.
- A combined medical/surgical gastrointestinal ward comprising 30 beds.

Surgical Day Unit Beds:

- Surgical Day Care Unit comprising 28 places and 2 pre-assessment rooms.

Other Departments:

- Theatre unit with eight theatres and large recovery area.
- 6 Bedded HDU
- 6 Bedded ITU
- Emergency Care Unit (8 consultants)
- Rapid Access and Treatment Unit; Clinical Decisions Unit; Emergency Care Unit
- Pathology, Radiology with MRI and CT

There is an upper GI physiology laboratory with state of the art solid state manometry and ambulatory pH measurement capability and lower GI physiology and ultrasound.

We are recognised as a cancer unit for Colorectal Surgery and Breast Surgery by the Regional Calman Hine Committee. We have five sessions of radiotherapy/oncology which amounts to two clinics and other sessions for therapy.

Medical Establishment at North Tyneside General Hospital

9 General Surgical Consultants:

Mr L Horgan, MB, B.A.O., B.Ch, FRCS FRCSI FRCS (Gen Surg)	Laparoscopic Upper GI Lead for Laparoscopic Surgery
Prof S Attwood MB, PhD, FRCS	Laparoscopic Upper GI Surgical Teacher
Mr Sean Woodcock, MS, FRCS	Laparoscopic Upper GI Bariatric Lead
Mr Keith Seymour, MD, FRCS	Laparoscopic Upper GI Bariatric Surgery
Mr James Brown, FRCS	Laparoscopic Upper GI Bariatric surgery

Mr S Aspinall FRCS	Breast and endocrine
Mr S Amonkar FRCS	Breast and endocrine
Mr R Kasarenini FRCS	General and Breast Associate Specialist
Miss P Serra FRCS	Plastic surgeon
Mr J Powell FRCS	Plastic surgeon

Mr S Kelly MB, B.A.O., B.Ch MD, FRCSI, FCS(HK), FHKAM	Colorectal Senior Lecturer and Audit Lead
Mr B Slater, MB, FRCS, FRCS (Gen. Surg.)	Colorectal Lead for Colorectal Surgery
Mr K Seehra FRCS	Colorectal, Laparoscopic Interest
Mr B Box FRCS	Colorectal, Laparoscopic Interest

Also within the Department and Linked to Freeman Hospital (Not involved in on-call rota):

Mr M Johnson	Urology
Mr T Hasan	Urology

1 Associate Specialist GI		8 Nurse Specialists – 2	Upper
3 Specialist Registrars GI	HST Rotation	2	Lower
4 Clinical Fellows		2 Breast	
1 CST	BST Rotation	2 Urology	
1 F2			

4 F1s
Colorectal
Laparoscopic

Theatre Assistant - 1
1

Medical Establishment at Wansbeck General Hospital

Consultants

Mr Paul Gallagher MD FRCS	Laparoscopic Upper GI Surgery
Mr S Bawa FRCS (Ed)	Laparoscopic Upper GI Surgery
Miss Sarah Robinson FRCS	Laparoscopic upper GI Surgery
Mr D M Bradburn, MD, FRCS	Colorectal Surgery
Miss S Mills FRCS	Colorectal Surgery
Mr R Kalbasi FRCS	Colorectal Surgery
Mr M Carr, MBBS, FRCS	Breast and Endocrine Surgery
Mr M Youssef FRCS	Breast surgery
Mr T Dorkin FRCS	Urology (split with Freeman Hospital)
Mr D Thomas, FRCS	Urology (split with Freeman Hospital)

- 1 Staff Grade in Urology
- 4 Specialist Registrars
- 2 Senior House Officers (1 Urology ST2; one general surgery ST2)
- 9 F1s shared with orthopaedics
- 2 Part Time Clinical Assistants

LAPAROSCOPIC SURGERY

Laparoscopic surgery is undertaken across the Trust, at North Tyneside, Wansbeck and Hexham Hospitals. Over the past 13 years since the appointment of Mr Liam Horgan at North Tyneside and Mr Sadiq Bawa at Wansbeck, advanced Laparoscopic surgery has expanded. Cholecystectomies, exploration of the common bile duct, Hiatal hernia repair, funduplications, Heller's myotomies, all hernias, rectopexies, gastro-enterostomies, staging and diagnostic procedures, splenectomies, appendicectomies and colostomies are performed laparoscopically. The appointment of Mr Stephen Attwood, Mr Paul Gallagher, Mr Keith Seymour, Mr Sean Woodcock and more recently Mr James Brown have increased our activities and raised our profile. The bariatric service was set up in 2005 and works closely with Sunderland and Carlisle We perform laparoscopic roux-en-y gastric bypass, sleeve gastrectomies, gastric bands redo surgeries and gastric balloon insertion. Our emphasis is on the comprehensive treatment of obesity and as such the successful candidate will be part of our bariatric MDT. We have now started a programme of laparoscopic colorectal surgery. We seek to provide a high quality Consultant-led service by developing sub specialist expertise to improve the standards of care for our patients.

TEACHING

It is expected that all medical staff will be available for undergraduate teaching for approximately one notional half day session per week; this may include teaching on ward rounds and clinics in addition to dedicated teaching time. Participation in Postgraduate Training and Education is also expected.

TRUST WIDE WORKING

There are 7 Upper GI Laparoscopic Surgeons, plus an Associate Specialist across the trust. We run laparoscopic courses 18 times a year for trainees and consultants. This teaching and development group for laparoscopic surgery is known as NUGITS, Northumbrian Upper GI Team of Surgeons.

We plan to have 2 dedicated laparoscopic theatres in our new emergency care facilities in Cramlington. At present the laparoscopic surgeons support each other by operating together for major cases and this is seen as the way forward in developing the service. We also work very closely with our Lower GI Laparoscopic colleagues.

ACADEMIC DEPARTMENT AT NORTHUMBRIA HEALTHCARE

Northumbria Healthcare NHS Trust works closely with the University to deliver teaching and research, and is the lead Trust for the Northumbria Division of the Faculty of Medical Sciences, one of four divisions co-ordinating, directing and developing teaching. Currently, there is strong teaching and academic activity at both North Tyneside and Wansbeck General Hospitals, and teaching of both Stage 3 and 4 students occurs at Hexham General Hospital.

Northumbria Healthcare NHS Foundation Trust devolves all SIFT monies (Service Increment for Teaching) to teaching and research ventures under the direction of Professor Roger Barton, Associate Clinical Sub-Dean at the University of Newcastle and Professor of Clinical Medicine, based at North Tyneside Hospital. In addition, in the academic department there is a Reader in Stroke Medicine, seven Senior Lecturers in Medicine, Rheumatology, Care of the Elderly and Palliative Care, one Senior Lecturer in Surgery and two in Community Child Health. Three lecturer/practitioners have been appointed to strengthen and support the team, in teaching clinical and practical skills and to strengthen patient participation and consent.

SIFT money is also financing Teaching & Research Fellowships at Registrar level. All consultants within the Trust may submit research proposals for the Fellowships. There is considerable competition for such posts.

The Academic Department works as a single unit with the NHS-funded R&D Department, and provides support for research applications, statistics, ethics applications, methodological advice, and training in critical appraisal and research methods. Thus, there is an integrated multidisciplinary academic department, with research themes in chronic disease management, quality of life and qualitative studies, epidemiology, self-management and patient-centred service delivery. The Trust has achieved over £4.5M in external grant income, and published a significant number of peer-reviewed publications, over 200, since it was first funded in 1998.

There are good links to research teams within the Faculty of Medicine at Newcastle, with several collaborative projects and jointly held grants. The Faculty scored highly in the latest Research Assessment Exercise (2002), with three 5* and five 5's in its eight units of assessment, putting it top nationally alongside Oxford, Cambridge and Imperial College Faculties of Medicine.

TEACHING

Northumbria Healthcare NHS Trust is affiliated to the University of Newcastle upon Tyne and provides a substantial amount of teaching to medical students throughout the new curriculum. This teaching commitment has increased substantially, with the expansion of undergraduate medical student numbers from

201 to 340 per year at Newcastle University. This increase has already affected clinical teaching. Northumbria Healthcare NHS Trust is the lead Trust for the Northumbria Division of the Faculty of Medicine of Newcastle University, one of four base units co-ordinating, directing and developing teaching. Seventy students spend their entire stage 3 within the Northumbria Base Unit (Northumbria Healthcare Trust, North Cumbria Acute Trust and Newcastle, North Tyneside and Northumberland Mental Health Trust). Undergraduate teaching of "Options" students for Student Selected Modules in year 4, and final year students already takes place throughout the Trust.

The Quality Assurance Agency evaluation of teaching rated Medicine at Newcastle very highly, with a total points score of 24/24 (1998-2000 visits). The GMC accreditation visit (1998) also highly commended the Faculty as being the first to fulfil all 13 objectives of Tomorrow's Doctors. The University was rated "University of the Year" in September 2000, best medical school in the UK in 2001, by the Sunday Times newspaper, and best medical school in England by the Times in 2004. The University and the Trust are keen to maintain these high standards of education, and new consultant appointments will have a significant contribution to this, under the direction of the Associate Clinical Sub-Dean as head of department.

EDUCATION CENTRE

There is increasing emphasis on undergraduate and postgraduate education, which is underpinned by the facilities provided within the Education Centres. The libraries and educational facilities are good, with new Education Centres on site in all hospitals. The libraries are fully equipped and computerized, with state-of-the-art audio-visual facilities in the lecture theatres. There are additional seminar rooms and classrooms. The academic computer network is linked directly into the University network. A full range of computer software is available including statistics, graphics, databases etc, as well as access to both monochrome and colour printers, scanners, and slide-makers. The newly established Trust network also provides access to on-line resources, either via desktops, or in the new 24 hour IT suites. Videoconferencing is installed, and the Trust is piloting the second phase of an Electronic Patient Record solution. The Trust is fully committed to further development of education and research.

REQUIREMENTS OF THE POSTHOLDER

See Person Specification for this post

STUDY AND TRAINING

These posts are **not** recognised for the purposes of training by the Post Graduate Dean at the moment and are therefore not suitable for those on permit free training.

CONTINUING EDUCATION

All Consultants and junior staff are required to maintain and improve their knowledge and skills both in clinical and organisational areas. The post holder will be required, with the approval of the Clinical Director, to draw up a programme of continuing education which meets his/her requirements within the study leave provision. Consultants and junior staff are subject to appraisal.

RESOURCES

Limited resources for attendance at relevant meetings are available during the 6 months.

REHABILITATION OF OFFENDERS

Because of the nature of this work, the post is exempt from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 (Exemptions) Order 1975. You are therefore not entitled to withhold information about convictions, which for other purposes are "spent" under the provisions of the Act, and, any failure to disclose such convictions could result in disciplinary action by the Trust. Any information given will be kept in strict confidence, and used only in relation to the position to which the order applies.

MANAGEMENT

The post holder is accountable to the Chief Executive through the Medical Director and the Clinical Director of Surgery.

REVIEW

The proposals in "Achieving a Balance and the Government's Review of the NHS may result in changes staffing and working arrangements. Any proposals for change would be subject to consultation.

MEDICAL NEGLIGENCE

Since 1 January, 1990 Health Authorities and subsequently Trusts have taken financial responsibility for the negligent acts of their medical and dental staff in the course of their NHS employment.

However, all hospital doctors are strongly advised to maintain/take out defence body membership to ensure they are covered for any work which does not fall within the scope of the scheme.

MAIN TERMS AND CONDITIONS OF SERVICE

- 1) This post is a Trust appointment with terms and conditions of service allied to Whitley Council.
- 2) The postholder must have full registration with the GMC. MRCS or FRCS is mandatory and the successful applicant must have 2 years experience of general surgery.
- 3) This is a 10 session (40 hour) per week appointment. One session equates to 4 hours. See Appended Provisional Job Plan.
- 4) Annual Leave is 5 weeks (25 days) plus 8 Bank Holidays and 2 NHS Statutory Days.
- 5) The Post is pensionable, unless you opt out of the NHS Pension Scheme.
- 6) For pre-employment health assessment purposes, as part of the Trust's Occupational Health Service, the successful candidate will be required to complete a medical questionnaire. This will be treated in strict confidence and will be sent direct to the Occupational Health Physician. The successful

candidate may be required to undergo a medical examination. Medical clearance is a requirement of appointment.

7) The post is a fixed term appointment of 12 months.

EQUAL OPPORTUNITIES

Northumbria Healthcare NHS Trust is committed to the promotion of Equal Opportunities both as an employer and in the services it provides.

All employees of the Trust and all applicants for employment have equality of opportunity for employment based on their ability, qualifications and fitness for work. The Trust is committed not only to the letter of the Law but also to the promotion of equality of opportunity in all fields.

TRAVEL AND SUBSISTENCE

Travel and subsistence expenses will be reimbursed for interview expenses. In the case of candidates travelling from abroad, travelling expenses are normally payable only from the point of entry to the United Kingdom.

VISITING ARRANGEMENTS

Applicants are encouraged to visit the Department and to meet prospective colleagues. Arrangements for visiting may be made with Mr Sean Woodcock, Lead Consultant Bariatric Surgeon or Mr Keith Seymour consultant bariatric surgeon on +44 191 203 1200

APPENDIX 1

PROVISIONAL OUTLINE WORK PROGRAMME FOR

NAME:

NUGITS SENIOR LAPAROSCOPIC FELLOW WITH BARIATRIC INTEREST
BASED IN NORTHUMBRIA HEALTHCARE NHS TRUST HOSPITALS
NORTH TYNESIDE, WANSBECK HEXHAM AND BERWICK GENERAL
HOSPITALS

SPECIALTY: GENERAL SURGERY

Contract: whole-time

WEEKLY TIMETABLE OF FIXED COMMITMENTS

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	NTGH BARIATRIC MDT/ BARIATRIC OPD SEYMOUR/ WOODCOCK	HGH THEATRE BERWICK OPD	NTGH THEATRE SEYMOUR WOODCOCK	NTGH THEATRE HORGAN ATTWOOD	WGH THEATRE BAWA NUGITS Courses
p.m.	NTGH THEATRE WOODCOCK	HGH OPD BERWICK OPD NTGH ENDOSCOPY SEYMOUR	NTGH THEATRE SEYMOUR WOODCOCK	NTGH THEATRE HORGAN ATTWOOD NTGH BARIATRIC OPD WOODCOCK	ENDOSCOPY WOODCOCK NUGITS Courses