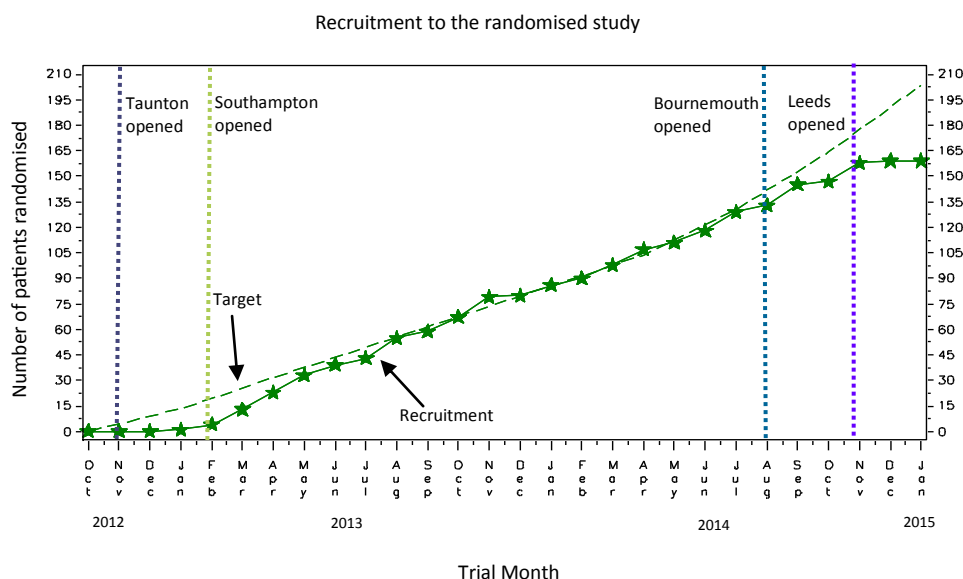


Recruitment to the By-Band study is going well

The By-Band study, which will compare the effectiveness, cost-effectiveness and acceptability of adjustable gastric Band versus Roux-en-Y gastric Bypass surgery for the treatment of complex obesity, has recruited 160 patients. The figure below shows the target recruitment and thanks to the fantastic efforts from staff at Musgrove Park Hospital (Taunton), Southampton General Hospital and the Southampton Spire, Bournemouth Royal Hospital and St James University Hospital (Leeds) recruitment is going well.



Recruiting surgeons

Taunton

- * Mr David Mahon
- * Mr Hamish Noble
- * Mr Richard Welbourn

Southampton

- * Mr James Byrne
- * Mr Jamie Kelly

Bournemouth

- * Mr Richard Byrom
- * Mr Nick Davies

Leeds

- * Mr Simon Dexter
- * Mr Jeremy Hayden
- * Mr Samir Mehta
- * Mr Abeezer Sarela

By-Band expanding into more centres

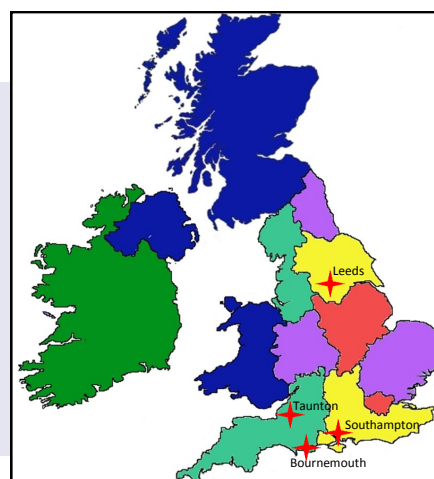
In February 2014 the NIHR Health Technology Assessment programme (that fund the By-Band Study) agreed that it could expand into new centres. Bournemouth Royal Hospital and St James University Hospital (Leeds) have begun recruitment and By-Band is currently being set up in Sunderland, Luton & Dunstable, Homerton, Whittington and Truro. Centres receive funding to support and optimise trial recruitment and conduct. Participating also provides an opportunity to learn more about clinical effectiveness research, core outcome sets and experience multi-disciplinary collaborative research - something not to be missed! Please contact the By-Band team or Jane Blazeby if you are interested in joining the study (by-band@bristol.ac.uk, j.m.blazeby@bristol.ac.uk).

“

We've had quite a lot of discussion in the group, and we think sleeve must be in the 3 way randomisation - the trial will be much stronger, much better, randomisation will be much easier with the sleeve in than without sleeve in. Actually the world has moved on during the process of developing the trial, we need to think about that.

”

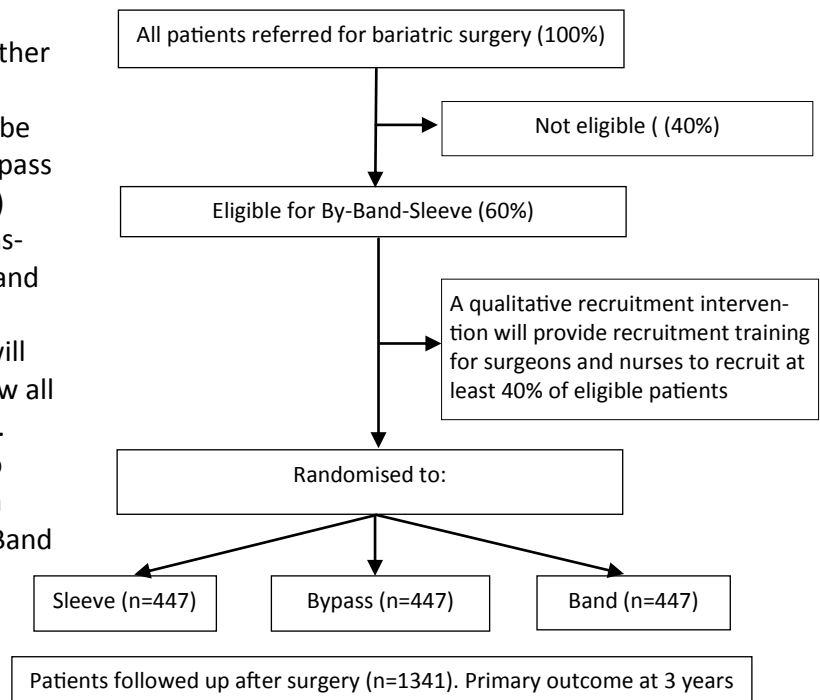
By-Band surgeon



Location of the By-Band centres

By-Band-Sleeve

In January 2015 the NIHR awarded further funding to adapt By-Band to By-Band-Sleeve. This will allow comparisons to be made between, i) roux-en-Y gastric bypass and adjustable gastric band surgery, ii) roux-en-Y gastric bypass and sleeve gastrectomy, iii) adjustable gastric band and sleeve gastrectomy. It will randomise 1341 patients (447 in each group). It will recruit for another 3 ½ years and follow all patients for a minimum of three years. There is funding to allow 12 centres to participate and if you are interested in being involved please contact the By-Band team or Jane Blazeby via email at: by-band@bristol.ac.uk or j.m.blazeby@bristol.ac.uk.



The key to successful recruitment

Recruitment at Taunton took a significant upturn after the first feedback session (February, 2013) from the qualitative research team led by Professor Jenny Donovan. All consultations between surgeons and patients were audio-recorded and the feedback was based on analyses of the consultation data. There was individual confidential and supportive feedback and group feedback. Further feedback took place in June 2013 (Taunton), July 2013 (Southampton), April 2014 (both centres) and October 2014 (Taunton). Regular feedback sessions are planned throughout the whole study, and we plan to hold our first feedback sessions with the new hospitals in February and April 2015.



A core benefit and adverse event outcome set for bariatric surgery

An additional aim of the By-Band study is to identify a core set of outcomes to be measured and reported in all trials of bariatric surgery. Initially all outcomes have been identified with systematic literature reviews. These are published on line (<http://onlinelibrary.wiley.com/doi/10.1111/obr.12240/pdf>, <http://onlinelibrary.wiley.com/doi/10.1111/obr.12041/pdf>). The reviews were used to inform a questionnaire survey that was sent to health professionals and patients asking them to prioritise the outcomes. We have had responses from 168 health professionals and 90 patients, and fascinating data, showing how different people value very different endpoints after surgery. The final voting to agree the clinical core outcome set will take place at BOMMS 2015 on Thursday 22nd January at 18.30 (with drinks and nibbles). Please let us know if you wish to attend.

A date for the diary

On the 21st April 2015 we will be holding a meeting in Taunton for By-Band research nurses to discuss standardising follow up after bariatric surgery.

The Bristol Clinical Trials and Evaluation Unit (CTEU) is responsible for the overall management of the study (coordinator Dr Graziella Mazza, by-band@bristol.ac.uk). Chief investigator is Jane Blazeby, Professor of Surgery at the University of Bristol. The study is funded by the NIHR Health Technology Assessment programme.

@ByBandStudy

Website: www.by-band.bris.ac.uk

Email: by-band@bristol.ac.uk

Protocol Paper:

<http://www.trialsjournal.com/content/15/1/53>

Word Search

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